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AUTHOR	Susin, Janet; Kaplan, Lorraine; Slater, Louise
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ABSTRACT

This educational packet is designed to provide health educators with materials necessary to teach high school students about the facts concerning mental illness. The objectives of the lesson plans are to (1) identify common fears and misconceptions about people who have mental illness; (2) discuss how stereotypes about mental illness are formed; (3) be informed about the nature of schizophrenia; and (4) discuss the role family, friends, community, and government can play in recovery. Activities test students' knowledge about mental illness and their ability to identify the warning signs. A list of follow-up activities and resources and an informational poster are included. (JDM)

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